



# SOUTHERN MAINE VOLKSSPORT ASSOCIATION

Newsletter of the Southern Maine Volkssport Association May-June 2009

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## Web Site

<http://smva.8m.com>

## Next Meeting

Wednesday

May 13 at 7:00 pm

North Deering Congregational  
Church

1364 Washington Ave Portland

## Newsletter Deadline

June 20, 2009

Alan Johnson

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## President's Report

Linda Darling

Hi Everyone—Spring is finally here! All of the seasonal walks have started (even Fryeburg). It opened May 1st so you can walk in No. Conway this year and come over to Maine for two walks in one day. I'm sure the Schaefers will love to see all you walkers this year. By the time this newsletter comes out the Kernebunk walk start point should be open.

Carroll is working on a walk in Falmouth on June 19th and 20th for the summer solstice. I hope everyone will come out either day to walk in the warm weather after all the snow we got this winter. Also mark your calendar for August 8th to walk in Scarborough.

Denise is working on the Peaks Island walk on October 24. It was such a nice day last year that I might have to walk the longer route this time and check out the other side of the island.

The AVA Convention is in June in Texas. Last I knew none of us are going. Bea Hait will be voting for the club. Wayne Holloway, Pacific Region Director, is running for Vice President of the AVA. He is an active participant in Volkssporting since 1976 and after reading his resume he sounds very qualified for the job.

I will be at all the meetings as I now have Wednesday nights off from work. See you on May 13th for the business meeting and upcoming Guest Yoga Instructor Arline Saturday-born on June 10th

## Peony Walk In Memory of Beryl Wolf

Long-time Volksmarcher Beryl Wolf will be honored during walk-throughs of Maine Audubon's Peony beds in Falmouth June 19th and 20th. It will be the summer solstice, and the peonies are expected to be at their blooming best.

Start times are 3 to 6 p.m. on the 19th and 7 to 10 a.m. on the 20th. Special ribbons will be given to Beryl's friends, and a limited number of special awards will be available for sale. These awards will consist of a fan with a picture of a peony.

Carroll Tiernan, who organized the walk, said, "What could be more pleasant than walking by beds of beautiful peonies on a warm summer evening? . . . we are honoring a club member who passed away last fall and has walked this walk with us. Beryl started her walking career with the Empire State Club 18 years ago. She has served as Northeast Regional Director and set up many walks in New York and Maine. She was posthumously awarded the SMVA Volunteer of the Year." The walk has been arranged in cooperation with Maine Audubon and Falmouth Community Programs.



## Secretary's Report

Tabatha Darling for Carol Plowman—meeting of 3/11

Reports:

Treasurer: \$4,958 in CD \$1,138.98 in checking

c. Membership: 49 regular 23 Family members.

d. Sunshine Committee: No activity.

e. Newsletter deadline April 20Th

f. Programs: Kathy Savoie, MS, RD Extension Educator @ USM Cooperative Extension at March meeting.

g. Club Sales— A yard sale was discussed.

h. Publicity: North Deering Church replacing sign SMVA name going to be on it

### 3) Activities: (Past- Upcoming)

a. Walks-- Peonies walk 6\19Th+20Th @ Maine Audubon in Falmouth. Carol proposed to buy fans & Ribbons-Denise Motion Sandy 2Nd Passed

-Exeter registering is @ Starbucks inside Stop & Shop, then drive to Rite Aid

-Walk & Eat 4\9 @ DiMillo's for lunch; Havrill, MA 1 day walk 5\12; Peaks Island walk 10\24; Kennebunk starting point hasn't opened; Intro Strolls- Don't do anymore

c. Programs- 6\10 Arlene Saturdayborn Yoga

### 4) Business-

- Bea vote for proxy @ convention in Texas-Sandy Motion Carol 2Nd Passed; - Club going to give Bea \$100 for expenses-Carol Motion Sandy 2Nd Passed

5) News from away-Wayn Holloway running for Vice President of AVA

-Soup Walk 114 People went, including Wally, Sandy & Elaine.

Door prizes won by Elaine, Happy, & Tabatha

## New V P for AVA

John Ferguson, AVA vice president, recently passed away. The national executive council has named Lynn Clark, former AVA president, to fill the remainder of the term.

A new vice president will be elected at the national convention coming up in June.

Wayne Holloway of Reacue, CA., for the past four years Pacific Regional Director, has announced his candidacy for the position. Holloway has posted his resume which covers his activity in the AVA since 1976. He is chairman of the AVA Training committee and the AVA Awards committee. He had served on the Standards and Evaluation committee.

Holloway is also a member of the AVA committee that has been set up to deal with the "IVV Problem."

He spent more than 31 years in the US Air Force, five years with a government contractor and more than 10 years with the California Highway Patrol.

This, from Carroll Tiernan. . .

### A Walking Meditation

We walk for ourselves.

We walk for everyone always, hand in hand.

Walk and touch peace every moment.

Walk and touch happiness every moment.

Each step brings a fresh breeze.

Every step makes a flower bloom under our feet.

Print on the Earth your love and happiness.

The Earth will be safe.

-Thich Nhat Hanh

## Recent AVA Actions

**Proposed National Trailmaster position was defeated** by the Executive Council.

**Among other actions, a proposal to create three new special events will be voted on at the June AVA convention. They are:**

**Carnegie Libraries**—More than 100 years ago steel magnate Andrew Carnegie funded more than 2,500 libraries throughout the US and Canada and in the rest of the world. These libraries are in 47 US states. Participation in 20 events would be required to receive recognition in this category.

**Hillside Letters**—Giant capital letters on treeless hillsides in the West identify many towns and cities. Some date back to 1905. AVA has walks in 13 states that contain these landmarks. Participation in 12 events would be needed for qualification.

**Honoring America's Law Enforcement**—Any sanctioned event that passes a building that has ever functioned as a jail or prison or which houses any law enforcement body would qualify. Participation in 24 events would be needed.

**Amend by-laws regarding Intellectual Property**— The proposal would automatically grant the AVA non-exclusive rights to publish any material that was presented to it for that purpose by those who created it.

## 2009 Walk'n Eat Schedule

Walks to start at 10 a.m. except where noted

<u>Date</u>	<u>Location</u>	<u>Hosts</u>	<u>Probable Lunch Location*</u>
May 7	Danvers, MA	Barbara & Joe Piffat	Sylvan St. Grill
May 14	Nashua, NH	Chris & Chuck Lipson	T-Bones
May 21	Kennebunk, ME	Elaine Johnson	Federal Jacks
<b>May 22-24 CVF Convention, North Bay, Ontario</b>			
May 28	Amesbury, MA	Sue & Dave Robertson	Sylvan St. Grill
June 4	Durham, NH	Picnic (?)	
June 11	Brunswick, ME	Joanne & Roland Melcher	China Rose
June 18	Portsmouth, NH	Bonnie & Al Moulton	Dinner Horn
<b>June 20-28 AVA Convention, Richardson, TX</b>			
June 25	Boston, Northeastern	Uno Chicago Grill	
July 2	S. Portland, Lighthouse	Picnic (?)	
Aug 27	Boston, Freedom Trail,	Back Bay or spec. places	
Sept 3	Wellesley	Don & Polly Meltzer	
Sept 10	Yarmouth, ME	Elaine Johnson	Down-East
Sept 17	Newburyport, MA	Sue & Dave Robertson	Striper's Grille
Sept 24	Concord, MA	Chris & Chuck Lipson	Papa Rizzi
Oct 1	Fremont, NH	Fran & Chuck Hutchins	Fremont House of Pizza
Oct 8	Lexington, MA		
Oct 15	Concord, NH	LongHorn	
Oct 22	Beverly, MA		
Oct 29	Natick, MA		
Oct 31	Salem, MA	Joe & Barbara Piffat	Casa de Luca,
Saturday 9:30 am			
Nov 5	Ipswich, MA		

### **Today's economy has caused disarray among commercial start points. Including:**

—Word from POC Elaine Johnson is that the Port Bakery and Café in Kennebunk will be open by the time this newsletter is issued, and so will be able to continue as start point for the Kennebunk walk.

—Start point for Exeter, N. H. is now Super Stop & Shop at the corner of Rts. 88 and 108. The box is in the Starbucks eating area.

## AVA On-line Store Back Better Than Ever

The online store is now up and running. Clubs, Volkssport Associate Members, and the public at large simply click the merchandise store on the AVA web site home page and they go immediately to the store.

There is no need to remember club account numbers. The email address and password they have set up for their club are the same ones they have used to shop on the online store. Volkssport associates use their VAM number as their password.

Clubs can now change the shipping address for any order placed.

Every morning an automated update now sets all users up in e-business. So, when clubs, members or anyone else with access—such as Regional Directors and Officers—change their information it will update their account in MAS90 and e-business by about 4 am CST the next morning.

Many behind the scene enhancements were necessary to accomplish the improvements. A helpful hints section is located on the home page directly beneath the store icon.

## To Remember Those Who Have Passed

AVA President Curt Myron has suggested a way for us to remember and honor our recently lost club members.

A picture board to be on display at the convention in Texas.

Please be certain to identify the person in the picture and send them to Jackie Wilson at AVA Headquarters.

Additionally please have the club send a necrology list to Jackie of all club members that have died during the past two years.

The information should include name, city, state & Volkssport club.

—Phil Hait



Southern Maine Volkssport Association

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