



# Southern Maine Volkssport Association

August 2003

**"Only" web address:**  
<http://smva.8m.com>

**Ann Stevens:**  
[seejohnrun@gwi.net](mailto:seejohnrun@gwi.net)

**Cheri Watson:**  
[bugmenow@psouth.net](mailto:bugmenow@psouth.net)

The next meeting is  
August 20, 2003

Refreshments will be  
provided by Shirley  
Milliken and Ann Stevens.

Door monitors will be Ken  
and Happy Jackson.

Remember the GREAT  
FALLS BALLOON  
FESTIVAL WALK on  
August 16<sup>th</sup>

Congratulations and best  
wishes to our new NERD.  
Leslie Penton is our new  
Northeast Regional  
Director. She can be  
reached at  
LPENTON@ATT.NET or  
(203) 798-8679. Leslie  
says she runs on solar  
batteries so please  
contact her before 9 PM.

## President's Corner

Before I turn this space over to our guest columnist, Edwin Witherell, I want to congratulate two special people who have worked long and hard for our club and volkssporting. Sylvia Allen and John Tibbetts have each been recognized and awarded MERITORIOUS SERVICE AWARDS by AVA at the recent Colorado convention. We have all benefitted from their dedication over the years. Well done!

"As guest writer" for the President's Corner for the August SMVA Newsletter, I would like to introduce myself. I have been a SMVA member since June 1993. I have been on the Board of Directors and have been SMVA Secretary since March 2002.

As a somewhat reluctant volunteer I have nonetheless moved beyond my reluctance and have also worked on walks as a checkpoint person. I found there is no better way to interact with people you know, and don't know, than to be on a checkpoint. You can congratulate them for getting out to walk, encourage them to keep walking, and talk to walkers about their lives and interests.

I have also organized a couple of Volksmarches such as the Cape Elizabeth Harvest Walk at Two lights State Park in 1999, and the Bradley Mountain Harvest walk in 2000. I was reluctant to do both of these walks but found that with some effort I could map out a route, put a brochure together, create an award and find enough volunteers to help me on the day of the walk. Yes, little old reluctant me did all that.

I have also attended most of the monthly meetings at the Walker Library in Westbrook. There have been some Wednesdays, though, that I was reluctant to go, especially after a long day at work. But I went anyway and I have been rewarded with many lasting friendships.

I was going to write an article to encourage non-members to join SMVA. Maybe I haven't done that, but perhaps I have encouraged reluctant SMVA members to be a volunteer. As you can see, I "reluctantly" volunteered, and I have been richly rewarded."

Ed Witherell, SMVA Secretary

### *Minutes of the July 16<sup>th</sup> SMVA meeting*

Ann Stevens, SMVA President, opened the meeting at 7 PM at the Walker Memorial Library in Westbrook. Fifteen members were present.

The June Secretary's Report, as printed in the July SMVA newsletter was accepted as printed.

The Treasurer's Report, as read by Treasurer Penny Cole, was accepted as read. There is \$1,890.38 in the checking account and \$4,511.00 in CDs.

#### Walk Reports:

There have been 25 walkers on the Lighthouse Walk and 81 on the Kennebunk walk.

Alan Robitaille reported that the Baloon Festival walk on August 16 in Auburn is all ready to go. He has enough volunteers right now.

The brochure for the Gardiner walk for September 27 is ready and will be in the next newsletter.

The Bar Harbor/Camden walks for October 11, 12, and 13 are ready. The last few openings for the dinner at the Hilltop Restaurant on October 11 were filled at the meeting.

#### Unfinished Business:

John Schaeffer gave a report from the national convention in Colorado Springs, Colorado. He and Janet did some walks in the area which were enjoyable. There were over a thousand at the meeting and there were over 900 at some of the local walks. John attended some of the workshops and made a report. The next convention in 2005 will be at the Cherry Hill, New Jersey Hilton on June 22-24, 2005.

Ann reported that there has been some discussion about having a future convention in New England, possibly in Portland. If that happens then other clubs in the New England area would be contacted to help as it would be too much for SMVA to execute.

Betty Foley and Claudia Cauchon have expressed an interest in Johnny Appleseed Walks in October 2004 in Leominster, Mass. (birthplace of Johnny Appleseed) and Peterborough, NH.

Carroll Tiernan has her list of Sunday 4 PM group walks. They are as follows: July 27: Portland Year Round; August 3: Kennebunk; August 10: South Portland Seasonal; August 17: Brunswick; August 24: Bath; August 31: Augusta; and September 7: South Portland Year Round. Hope to see you there. The meeting was adjourned at 8:15PM.

Ed Witherell, SMVA Secretary

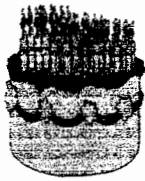
Joan Melcher has gotten us off on a great start for the Bar Harbor /Columbus Day basket by donating the basket and some State of Maine goodies to put into it! Thank you, Joan and I am happy to receive contributions at walks, meetings or special pick ups at your homes! Ann

PBS is airing a 13 part walking series hosted by Mark Fenton, keynote speaker for at least one AVA convention, possibly more. The PBS site about the series is <http://www.pbs.org/americaswalking/> NHPTV airing Tuesdays at 6:00am. No MainePBS airing scheduled for August.

It was a foggy threatening morning but many warm smiles and generous hugs greeted Kay Buck on the SMVA memorial walk in honor of her husband Jenness. The lighthouse walk was one of his favorites so it was fitting that we walked and shared stories about him. Fred Welch gathered us around at Portland Headlight for a few words about Jenness and times shared together walking. Kay responded with memories of her own. We finished off with lunch at the Snow Squall in South Portland. It was a lovely time and I regret that I was one of the few that had not met Jenness but am so pleased to have met Kay. A wonderful person with the most positive attitude. We wish you well, Kay, and hope to meet up with you on the trail soon.

**Happy August Birthday!**

Joshua Nadeau  
Kathleen Carr  
Ed Farrell  
David Hourigan  
Larry Moore  
Pat Welch  
Jeanne Wells



**Changes of address for AVA** Whenever you need to update your address, we will automatically update both your membership and your awards so please include your Record of Achievement Number and your Volkssports Associate Number with your old address as well as your full name and new address.

Volkssports Associate Members, please remember to include this number whenever you are communicating with Headquarters. Whether you call or write, this number will enable us to find your record quickly and reduce the amount of time needed to process your request.

## Portland's Mansions, Monuments, and Masterpieces

R A U B N D E G R G R O U N R  
A I D R R A I N P P A L C E W  
M R L A R O A I D W P X T O A  
H O F C V Q V R X M Q H L R U  
C T I K R Y P P T X G L A V I  
S C R E B W R S A I E W O B I  
Z I R T T B R E F F L U Y L G  
T V R T V J C E G I W Y E T H  
O U A R O N R N V G R D G S I  
K L N E H I O I S Q U S L X C  
U H L E F L C R Q W Z L G D C  
J F E D J K U N E H E X S S U  
P A K O Z X T Y U M Z A G H L  
F H G P Z T A F O U O U T F T  
A S W W T R A S O Q F H A E H

BrackettReed  
CivilWar  
Clapp  
Firefighter  
Homer  
Kotzschmer  
Longfellow  
Slugger  
Spring  
Sweat  
Victoria  
Wyeth

**Special IVV Books Available in the US**

The IVV Europa Cup and the IVV World Cup books are both available in the US by sending a check to Charles Patterson. His email is [MrIVV@email.msn.com](mailto:MrIVV@email.msn.com) and his address is 4525 Stikes Dr SE, Lacey, WA 98503. The cost for the Europa Cup book is \$26.00. The award is given to volkssporters who have participated in IVV events if 14 different European national member associations. The award is a Europa Cup patch, a T-shirt with the Europa Cup emblem and a certificate.

The World Cup book is \$48.00. The award is given to volkssporters who, from January 1, 2000, have participated in at least 2 IVV events in 3 different continents (6 stamps from 6 different countries) as well as 2 IVV Olympiads. All kinds of volkssport events are eligible. The award is a World Cup patch, a cap with World Cup emblem and a certificate.

**Upcoming events:**

**August 16<sup>th</sup> Balloon Festival Walk Auburn, ME**

**Sunday evening walks start @ 4pm**

**August 17: Brunswick**

**August 24: Bath**

**August 31: Augusta**

**September 7: South Portland Year Round.**

The SMVA Newsletter is issued 12 times a year. Please send materials for publication consideration to Patty Collins: [pac567000@yahoo.com](mailto:pac567000@yahoo.com)



Southern Maine Volkssport Association  
PO Box 722  
Westbrook, ME 04098-0722



01848+4983 14

