

Southern Maine Volkssport Association

December 2002

In this issue:

President's Corner
Meeting

November Minutes

December

Wandering Maine-aics

Columbus Weekend '03

Pecan Pumpkin Dessert

"Only" web address:

<http://smva.8m.com/>

E-mail addresses:

Ann Stevens

seejohnrun@gwi.net

Cheri Watson:

bugmenow@psouth.net

December Birthdays:

Beverly Brent

David Hosington

Patricia Sawtelle

Janet Carr

Welcome New Members:

Judith Pray

Larry Moore

President's Corner

If our donor was not amongst us in person last night at the Pitch or Pack the Trailer Potluck Supper, you

missed sharing in the fun and a delicious dinner. Again we thank you for your generous donation. A big thank you also to Carroll Tiernan for supplying the venue and all the workers who helped haul, lug tug and sort the "treasures of the Past".

Now that we are getting centralized, we are going to be a bit more vigilant in taking care to replace and replenish supplies. The start box and check point boxes are not always returned in the best of order and it may be a good idea for POC's of the next event to check things out with ample time to allow for re-supplying if necessary.

With the Holidays rapidly approaching, I would like to thank you all for your support this last year. I was really doubtful about all this but I have to say I have learned a lot, met some terrific people and had great fun. I wish you all a season full of peace, love, health, family and friends.

Ann

To volksmarching friends and organizations:

On December 31, 2002, Wander Maine-iacs will close the Lighthouse YRE and in so doing will cease all volkssporting activities.

It has been our utmost pleasure to sponsor Year Round, Seasonal and Regular volkssporting events over the years and we wish to thank all who have supported us by participating in those events. We hope you will support the efforts of those clubs, which will continue to sponsor volkssporting events, and we wish you "the best walking ever".

Our Post Office Box for mail will be phased out shortly after the first of the year 2003 and any mail sent to the address will be returned to sender. Wandering Maine-iacs will terminate its membership in the American Volkssport Association at the end of the current membership year (June 30, 2003).

Unlike the cowboy in the movies who rode off into the sunset singing "happy trails to you," we will be around and hope to see you at the occasional volkssport function.

Until then, THANKS AGAIN and best wishes.

Sylvia Allen Dave Muzzy

November Minutes

The Southern Maine Volkssport Association meeting on November 20, 2002, was a potluck supper at the Maine Audubon Center in Falmouth. Ann Stevens, President, opened the meeting at 6PM as everyone was sitting down to eat. There were 27 club members present.

The theme of this monthly meeting, besides the fine food brought by club members, was a "Pick it or Park it" party for deciding what club inventory and supplies will go in the shiny new trailer that was donated to the club (thank you whoever you are) and what supplies will be recycled, donated to charity, or thrown out. Dave brought the new white trailer to the meeting so it could be filled with the inventory that the club decided to keep.

Ann and Alan Robitaille were the hosts for the party. There were some items that the members had never seen and some that no one knew what their origins were. There were three hand made signs for some long ago walks that the club decided to let Sylvia Allen, club historian, look at to see if she wants to keep them for historical purposes. Alan held up an old kilometer wheel that no one could remember using. The wheel no longer spun so it was decided to throw it out. There was an old hand made suggestion box that, after some discussion, it was decided to keep in case we wanted to use it. The seven card tables and one long table were packed in to the trailer, as well as the sixteen folding chairs. The "B" awards were thrown out after they were picked over. There was a box of holiday coffee mugs, which were passed out, and the remaining ones tossed. The AVA slides were kept. The two-way radios that never seemed to work will be donated to the boy scouts. All the walk signs were kept. Alan found a handsome 10-foot folding

wooden signpost someone made that was kept. The tube with tiny colored flags on small metal sticks was kept as they could be used in open field walks. The piping for the SMVA flag is broken beyond repair but it was decided to keep it as a sample in case someone wants to build a new one. The friendship banner will be given to Sylvia for safekeeping. Some of the disposed of items will be donated to the boy scouts. The cardboard and paper will be recycled. The inventory that will be kept then was packed in to the trailer.

The meeting adjourned at 8:15 PM.

Secretary,
Ed Witherell

Ann's Pecan Pumpkin Dessert

A note from Linda Webster has asked for donations for PSP research in memory of her husband Bob. Bob was an avid walker and supporter of SMVA walks. Linda was in the area this summer and walked often with her grandson. PSP is Progressive Supranuclear Palsy and was put in the news when the disease struck the late Dudley Moore. Donations may be made in Bob's name to Linda Webster, 410 E. Hamilton, #3 Foley, AI 36535. Make your tax-deductible checks payable to Society for PSP.

2 cans (15oz. each) solid pack pumpkin
1 can (12 oz) evaporated milk
1 cup sugar
3 eggs
1 tsp vanilla
1 package (18 1/4 oz.) yellow cake mix
1 cup butter or margarine, melted
1 1/2 cups chopped pecans
Whipped cream

Line bottom of a 13x9" pan with wax paper and spray with nonstick cooking spray. Set aside.

In large bowl, combine pumpkin, evaporated milk, and sugar. Beat in eggs and vanilla. Pour in prepared pan. Sprinkle with dry cake mix. Drizzle with butter. Sprinkle pecans over all.

Bake 350 degrees for one hour or until golden brown.

Cool thoroughly on a wire rack. Run a spatula around edges to loosen; then invert onto a large platter.

Carefully remove wax paper. Chill.

Serve with whipped cream.

May be made a day ahead. Makes 20 to 24 servings.

Enjoy! After just typing this, I think I served this upside down last night!! Ann

We are pleased to announce that our very own SMVA will host Columbus Day Weekend in 2003! Tri-State is taking a well-deserved break and this has given us the opportunity to show off a bit. Our gal, Barbara Weymouth, has two walks ready to go and a dinner event in the works. We would like suggestions for a third walk for Sunday. We are thinking two 5km loops in a town on the way South from Bar Harbor. Please e-mail me at seejohnrun@gwi.net. This weekend of activities will involve organization and cooperation but if all get involved, we can break this down into small parts and be able to enjoy and have fun too.

Charlotte Phillips is looking for someone from our club to serve on a nominating committee to elect a new Northeast Regional Director. We are also looking for a nominee for that position. Please contact me for more info at seejohnrun@gwi.net

Our next meeting is December 11th, 7:00PM at the Walker Memorial Library. In keeping with tradition, everyone is asked to bring a goodie to share.

It's time to think about renewing your membership to SMVA. Our membership rate for 2003 is \$12.00 for a single membership and \$15.00 for family/couple membership. Our membership year runs January 1 to December 31.

January Newsletter deadline: December 19th.

Along the Trail...

New Balance

Please remember that Event Kit orders should be sent 8 weeks prior to your event. Please do not send more than one order at a time. If you have more than one event please include the items for both events on one order form.

If you request an item that requires you to include a number such as arrows and tape please include an amount. Many clubs submit requests that are not properly filled out. You should not only check off the items you need, but you should include the amount you need for your upcoming walk.

Sponsorship requests will not be honored if a shipping address is not included. All requests must arrive within the 8-week deadline to be fulfilled. Only submit requests for walks. No exceptions will be made.

Due to the large volume of requests, clubs will receive a reduced number of give-aways. If you already have give-aways, please indicate at the top of your form by writing in large print that you do not require give-aways.

This is not to discourage requests for give-aways but rather encourage clubs to request only what they do not have in storage. Even if you do not require give-aways, you will still receive a gift certificate.

AVA Membership Campaign

The Lifetime Member warm-ups are being mailed as soon as we receive the membership cards to include in the shipment. Some problems have arisen with members concerned that they selected the wrong size warm-up, or wanting a different size sock. Please continue reading below to find out how the AVA is handling these problems.

On associate memberships, if the primary member is male we will send the standard size sock for men size 10-13. If the primary member is female we will send the average size sock for women size 9-11. We had on hand in the beginning crew and cuff socks in both sizes. Now we only have size 10-13. First we will send out crew in size 10-13 and when we deplete the crew, we will send out the cuff. We have exhausted the supply of both crew and cuff in size 9-11 (as more women joined than men), so we are substituting a wine colored book cover for the memberships with the primary as a woman. A family membership will receive a pair of socks in size 10-13 and a book cover.

The sizes and quantity of the warm-ups were ordered based on the information received from the member. There are no extra suits since these have to be embroidered specially for Lifetime Members. We did not want others being able to buy these colors, and it is not cost effective to have an overstock that could not be sold to other volkssporters, therefore we did not order extra warm-ups. Some members did not specify a size, when possible we tried to contact those that did not specify the size, however; if we could not reach or leave a message we ordered the average according to our supplier. If you did not

specify a size, then you will receive a large for either women or men. If you did specify a size but ordered incorrectly and you have sent your warm-up back, then we will wait until all suits have been sent out and once we have allowed a specific amount of time to pass, we will then try to match those sent back with another suit sent back in the right size for you.

If we cannot do this, we will send your original suit back to you. If you received the wrong size due to our invoicing error, then we will order a replacement for you but it will not be in the same color as the original warm-up. This process may take several more months. If you are one that did not specify your size you can send it back, but if we cannot match your size with another one returned, then we will send the original one back to you. Because the warm-ups are free, if it is too big I suggest having it altered rather than sending it back.

Upcoming events:

December:

1st: Dover,NH Seacoast Striders

7th: Attleboro,MA W'N'Mass

January

25th: Falmouth,ME SMVA Maine Winterfest Walk



Southern Maine Volkssport Association
PO Box 722
Westbrook, ME 04098-0722

Send mail to, dbolin@juno.com with questions or comments about this web site.

Copyright © 2001, 2002 Southern Maine Volkssport Association (AVA #193)

Last modified: 12/8/2004 10:22 PM