

Southern Maine Volkssport Association Newsletter

March/April 2002



★ *The President's Corner:*

It was a dark and stormy night but the lights were on at the Audubon Society's Gilsland Farm. Carroll Tiernan welcomed the hungry and weary travelers for our potluck supper. Good food, warm and pleasant surroundings and a lively exchange of ideas and solutions. We were all united in our remorse that our first day of spring didn't allow more people to attend. You were missed but we carried on in the true spirit of volkssporting!

Thank you Carroll. If you skipped to the end, you will have noticed that the names of the officers have changed. Wendy felt that she had to resign for personal reasons. We all shuffled around and present ourselves to you as your new officers and board. Ann Stevens as president, Cheri Watson as vice president, Ed Witherall as secretary, and Janet Schaeffer as treasurer. Shirley Milliken as agreed to come on board to serve on the Board as Ed has moved up to secretary of the club. The board remains the same except for one vacancy that will be announced in the next newsletter. We look forward to seeing you at meetings and out on the trail. We are working hard to offer new walks and keep the old ones interesting. Let us hear from you-----everyone has an idea or suggestion or two. Share them with the group and help us grow and have fun! Ann Stevens



[SMVA Home page](#)

Did you know that Raymond and Rose Lovely came to Maine on the Downeaster from Cambridge, Massachusetts to do the Maine Mall Walk on February 10th.

Congratulations!

Terri E Trujillo has been promoted to Master Sergeant in the United States Air Force. She is the daughter of our very own members, Martha & Robert Chellis.

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A Zillion thanks to library openers David and Penny Cole and Martha and Bob Chellis. A thank you also to Alan's Mall helpers Dave and Penny, John Tibbetts, Carroll Tiernan, Lorraine Afthem and Wendy Hunter. Your extra time and effort is appreciated



WALK AND EAT SCHEDULE 2002 THROUGH JULY!

You are invited to join the "Walk and Eat Gang" in weekly Thursday walks beginning in April. They gather by 9:15 a.m. at the start point, and walk promptly at 9:30 a.m. You are invited to come to Walk and talk, and then eat after the walk.

Apr. 4	Portland, ME	May 16	So. Portland, ME (YRE)	June 27	So. Portland, ME
Apr. 11	Danvers, MA	May 23	Newburyport, MA		Lighthouse and Picnic
Apr. 18	Portsmouth, NH	May 30	Manchester, NH	July 4	NO WALK
Apr. 25	Kennebunk, ME	June 6	Brunswick, ME	July 11	Beverly, MA
May 2	Salem, MA	June 13	Boston, MA (Choice	July 18	Wolfeboro, NH Picnic at Days
May 9	Concord, NH	June 20	Hampton, NH	July 25	Bath, ME

Wandering Maine-iac walks for 2002

The Casco Bay Bridge Walk (Jan 1 - Dec 31)

Lighthouse Trail Walk (April 1 - Nov. 30)

(Both walks - Hannaford's South Portland)

Bath (NEW) walk (April 1 - Nov. 30)

(Holiday Inn - 139 Richardson St.)

For further info on Walk and Eat walks contact-

Chuck and Fran Hutchins 603-483-0598 bfinch38@msn.com

Don and Polly Meltzer 978-443-8513 Meltzwalk@aol.com

Al and Bonnie Moulton 603-778-0267 bonnieal@attbi.com

Dick and Joan Rossi 978-887-5901 JODIROSSI@aol.com

**The April Meeting of SMVA
will be at the Walker Library in
Westbrook - April 17th at 7:00 PM.**

Herm and Valerie Day 603-755-2856 valherm@adelphia.net

Minutes of The February 20, 2001 Meeting of The Southern Maine Volkssport Association

LOOKING AHEAD!

BRIDGTON, MAINE JUNE 22, 2002,

A 5K and 10K Volksmarch

START 9-12 AND END BY 3 (Sanction # 02/267) the 10K walk will go to Highland and Long Lakes whereas the 5K also see Long Lake. Both walks Main Street with it's various restaurants and a bakery. The start is at the Municipal complex (behind Key Bank, which is on Main St). Entrance is behind the complex with a nice basement room with facilities. Spread the word, it should be a good walk. For more info contact the POC John Schaefer at 207-935 4117

Time: 7:00 p.m. - 8:30 p.m. Place: Walker Memorial Library Attendees: 13 Secretary's Report: accepted as read Treasurer's Report: accepted as read Reports: Portland Trails

would like to come and speak at one of our meetings, we voted in agreement **Membership** (Cheri) January (16 renewal/2 new/1 free) February so far (10 renewal/4 new/1 free) Total to date: 134. **Newsletter**

Dan Will have the March/April newsletter out as soon as he receives the minutes of March meeting. **Events Maine Mall**

1/27/02 (50 Walkers/41 credit/9 free) 2/10/02 (39 Walkers/37 for credit/2 free) **Portland** 1-1-02 through 12-31-02 is running.

Sunset/Sunrise 8/17 & 8/18 has been sanctioned. McAuley -(Alan R.) 9/21 will be on Ocean Avenue in Portland and will include

5k/10k/20k. Alan still in contact and will report when sanctioned.

Tri-State - (Alan) Still needs volunteers SMVA date is 10/12, others will be in NH and MA-place to be decided. Theme

(Nor'easter Train). . Alan is meeting with official committee on Sunday and will give more information next meeting

March Birthdays:
Anna Mastro
John Creeden
Linda Walkley Kipnes
Janet White
Richard Wise
Robert Chellis
Devin Desrosier
Connie Boyer

April Birthdays
Dan Carr
Thelma Gagne
William Mackie
Diane Kroll
Claire Lebel
Dorothy Stewart
Brian Milliken

**OUR NEW SMVA
WEBSITE [http://
smva.8m.com/](http://smva.8m.com/)**

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Unfinished Business: Possible Aroostook Walk, Wendy will check on regulations regarding this. Ann still needs help on deciding how we can recognize our volunteers. Ken will report at next meeting on possible 2003 seasonal walk w/LL Bean and brochures in their locations. New Business: John Schaefer brought up the fact that we need more walls. Alan suggested doing 10 yr. Anniversary walks, he brought up a few previous 10K examples.

. Alan mentioned that he does the Maine Mall walks, McAuley walk, Tri-State, and he can't do them all. Cheri kind of bullied members into putting on walks. Cheri (with the help of Janet) is checking into a possible walk in Cornish and will report at next meeting. Ann (with the help of Penny) is checking into a possible walk in Wells and will report at next meeting. John is putting together a walk in North Conway and Fryeburg and will report at the next meeting. Alan will approach Carol about putting on a walk in Falmouth and that will be reported on at next meeting. I elected Ken to put a walk together in North Deering and that will be reported on at next meeting. Ed will be checking into a walk at Spring Point and will report at next meeting. March Meeting to be held at 5:30 at the Audubon Center (it will be a potluck - bring something and bring your school yearbook). It was decided that SMVA would supply the drinks, plates, cups, and utensils. Cheri suggested that someone contact Hannaford, as they sometimes give plates and cups to groups such as ours. We decided to have a "Help the Harvest Hill Shelter" for the April meeting. Please bring something such as: dog & cat food (canned or dry)/ bleach/ laundry detergent/ dog treats/ cat toys/ used blankets and bath towels. Members who have a cause that they are committed to should bring it up at the meetings and we will put those causes into a jar and pick one for various meetings throughout the year. - Cheri Watson, Secretary

Minutes of The March 20th Meeting of The Southern Maine Volkssport Association

February New Members:

Jeanne Wells Howard Lehrer
 Ellen Gottlieb Claire Lebel
 Susan Chadwick

March New Members:

Fred Becker and Anna Mastro

The March meeting was held at the Maine Audubon where everyone enjoyed a potluck dinner during a first day of spring snowstorm. 15 members were in attendance. Before the meeting there was an emergency meeting by board members Ann Stevens (Vice President), Cheri Watson (Secretary), Janet Schaefer (Treasurer), and Ed Witherall (board member) because Wendy Hunter recently resigned as President. At the board meeting Ann Stevens was appointed President, Cheri Watson was appointed Vice-President, and Ed Witherall was appointed Secretary. Ann Stevens, newly appointed, opened the meeting during dinner

President, at 6:15 PM. **Treasurer's Report:** Accepted as read by Janet Schaefer, Treasurer. **Membership Report** by Cheri Watson: 74 members have renewed so far. **Publicity:** Ken Jackson said that Channel 8 wants to do a report on Volkssporting. They would like to do the piece when a busload comes to do one of our walks. **Newsletter:** the newsletter will resume publication the end of March. **SMVA walks:** Alan reported that there were 47 walkers at the last Maine Mall walk on March 10th. The previous Mall walk on February 24 had 29 walkers. Alan said the average attendance for the five Mall walks was 35. The final Mall walk report: \$284.21 was deposited (including \$28.00 in trinket sales). The cost of the walks was the \$150.00 sanction fee so SMVA netted approximately \$100.00 for the five walks. Christina Morse won the New Balance sneakers for the last Mall walk and Ed Witherall won the New Balance sneakers for the February 24th walk. Dick Wise also won a pair of sneakers for one of the Mall walks. Alan reported that SMVA signed up 4 or 5 new walkers as a result of the Mall walks. Alan also reported that the McAuley walk on September 21 has a new starting place at Portland Yacht Services on Fore Street in Portland. Tri-State Walk: Alan reported that he is trying to use the Italian Heritage parking lot for the start point. Sunrise/Sunset in August: Wendy Hunter will do these walks. John Schaefer reported that, despite a lack of snow this winter, the Jackson Volksski had 26 skiers. John Schaefer also reported that he would have a walk in Bridgton on June 22. The brochure has been printed and is available. The award for this walk will be a small flashlight. Cheri Watson is still considering an Apple Festival walk in Cornish in September; however, because of the late start she might do it next year rather than this year. Ann Stevens is working on a Wells walk, maybe for July 14th, but that is not definite at this time. Freeport walk for next year: Ken Jackson reported that L. L. Bean is very interested in SMVA reviving the Freeport Seasonal Walk next year. Ken will approach someone in Public Affairs at L. L. Bean to see if they would be interested in helping out with the cost of publishing the Year-Round/Seasonal brochure for next year. The cost of the Year-Round/Seasonal brochure is around \$165.00 for 200 brochures. John Schaefer said his cost for 500 brochures for the Bridgton walk at Staples (where SMVA has an account) was \$52.00. The Year-Round/Seasonal walks for 2003 are due mid-August (they have to be submitted to the National AVA office by the end of August this year). It was decided to continue with the County walks. There are still county walk t-shirts available. The Wells walk will count as a York County walk and the Bridgton walk will be a Cumberland Co. walk. Barbara Weymouth wanted to do a Bar Harbor walk on August 10 or 11 or October 5 or 6. It was decided to make this a 2003 walk due to the tourist season in Bar Harbor and the late start this year. Dave Muzzy is setting up a Calais seasonal walk for 2003. He has a contact person in Calais, Mary Becker, to help with the start point. Carol Tiernan would like to set up a schedule for summer evening/late afternoon seasonal walks during the week. She will produce a schedule for the next meeting for Monday night walks. The award for seasonal/year-round walks this year is a SMVA patch. You may purchase a "stone" at each walk to attach to the patch. More of these patches will be needed. Sylvia will call Dan Glover of Creations Unlimited about getting more patches. Individual awards will only be made for special event walks. As John Schaefer has the next event on June 22 he wanted to know where the SMVA walk boxes and inventory were located. It was decided that the following members have various supplies and will do an inventory: John Tibbetts, Alan Robitaille, Dan Carr, and Ken and Happy Jackson. The meeting was adjourned at 8:00 PM. Ed Witherall, Secretary

We will Help the Harvest Hill Shelter

“for the April meeting.
 Please bring something
 such as: dog & cat food
 (canned or dry)/ bleach/
 laundry detergent/ dog
 treats/ cat toys/ used
 blankets and bath towels
 for the animal shelter in
 Fryeburg.

2002 MEMBERSHIP INFORMATION APPLICATION

Send to :
SMVA MEMBERSHIP
P. O. Box 722
Westbrook, Maine 04098

If a new member, each person listed on the application will receive a membership patch, but only one issue of the monthly newsletter will be mailed to a household. For additional newsletters, the person(s) to whom issues are to be sent must apply separately as an individual member, due to newsletter costs. Name _____

Address _____ City/State _____ Zip _____
#2name _____ #3Name _____ E-mail _____

Signature: _____
Telephone: (____) _____
New _____ Renewal _____

Amount Enclosed: _____
Individual Membership: \$10 (1 Person) Double Membership: \$12 (2 people)
Family Membership \$15 (3 or more)

IF NEW, WHO REFERRED YOU? _____
Would you be willing to volunteer to work a walk? _____
Birthday: (month/day only) _____
Questions? Call Cheri Watson at (207) 625-8740

SMVA Newsletter is issued monthly (bi-monthly January–April) by Southern Maine Volkssport Association for its members. Membership is open to any person regardless of residence, upon application. News Articles for inclusion in this newsletter are welcome and may be submitted at any time, and will be published, as space is available. All dated material must be submitted no later than the 20th of the preceding month for inclusion in the next issue. Please send directly to: Dan Carr, P. O. Box 128, Hollis, ME 04042. SMVA OFFICERS: Ann Stevens, President, Cheri Watson, Vice President, Ed Witherall, Secretary, Janet Schaefer, Treasurer. Board members: Dan Carr, Barbara Weymouth, Thelma Gagne, Martha Chellis and Shirley Milliken



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