

Southern Maine Volkssport Association Newsletter

NOVEMBER 2001

Our Lucky Tri State Weekend -- Charlotte Temple

The weekend started off wonderfully when a pair of New Balance shoes appeared on my front porch the Friday before the Tri State weekend. They finally came after waiting about a year to be a volunteer shoe tester; and although they're bright orange and white (the colors don't actually go with my wardrobe) they look sturdy, and better yet feel great. Then came the Saturday Tri-state scenic walks in Kittery and Portsmouth -- fortunately I was driving between the walks when the deluge occurred. Next came the delicious buffet at Yokuns where we chatted with old friends and made some new ones. As we admired the lovely tissue holder centerpiece (made by Joan Melcher and Sylvia Allen), we wondered how the committee would select the winner. Just then, Roland Melcher suggested we count off by number to select the winner. Number 7 was the winner, which just happened to be Pete, my husband. All right!!! Patty Proulx, our NERD, picked a number to select the first of many winners. Such great prizes from hand painted sweatshirts made by Polly Meltzer, to specially designed hand towels made by Helen Tolbert, to a lovely quilt brought by our AVA President, Nancy Stenger, along with many other wonderful items. The three host states also provided baskets of "goodies" containing specialty items made or grown locally. I wanted one of them. Numbers were called, shrieks from the winners, but number 135 wasn't among the winners...yet. Suddenly number 135 was called. Pete said, "That's you!!!" as I shrieked and ran up to Roland to claim my Maine Basket. And what a basket it was, filled with homemade goodies and food and remembrances of Maine. Some folks suggested I send you a list of the items in the basket. So here it is! Thank you **SO MUCH** for all the wonderful items in the basket and a big **thank you** to the Tri State committee and all the volunteers who helped make the Tri State events a real class act (once again). The Maine Basket "Cabin Fever" Pillow and "Maine Seacoast" tote bag lovingly made by Barbara Weymouth Maine Wild Blueberry Pancake Mix from Jordan's Restaurant in Bar Harbor. Blueberry spice pancake mix. Maine Mud — dark coffee chocolate coffee sauce with a wonderful recipe for Maine Mud Puddle included: *Drizzle Maine Mud Mocha onto your favorite brownie. Stack another brownie on top. Rain down more. Maine Mocha sauce. Top with thunderclouds of whipped cream. Stir occasionally. YUM!!! Maine pine tree potholder. Jack's old-fashioned Bread and Butter pickles. Tom's of Maine — toothpaste and glycerin soap Dickinson's Wild Maine blueberry syrup. B&M original baked beans. 2 jars of Maine pure maple syrup. Aligash Special Reserve Ale. Shipyard ale. Belfast Bay Lobster ale. Shipyard Export Ale — 1995 USS Maine Commemorative bottle (from Roland Melcher's private collection). Roasted garlic and onion jam from Stonewall kitchens in York, ME. Lemon peppercorn vinaigrette from Stonewall kitchens. Wild Maine blueberry jam from Stonewall kitchens. Horseradish mustard from Stonewall kitchens. Red pepper jelly from Stonewall kitchens. Pure Maine honey. Maine souvenir decorative pewter spoon. Curacao coffee liqueur - made in Maine? 5 x 7 Maine scenic cards suitable for framing. Lobster lollipops. Bar Harbor lobster spread. Fish chowder. Beachcliff Sardines. Blueberry chutney. Blueberry scented candle. Handmade water bottle cover including a bottle of Poland Springs water. Jake's zesty toe jam. Wymans's wild canned blueberries.*

And the weekend wasn't over yet. The grand finale was the gorgeous bright glorious sunny day we had for

the wonderful walks put on by the Meltzers' and the Haits' at Ravenswood Park in Gloucester. It was indeed a lucky weekend for us all! Again thank you, thank you, to all. We will enjoy everything. I guarantee it!!!



[SMVA Homepage](#)

From Roland and Joan Melcher, organizers of the Kittery Walk. The Kittery walk was a great success and on the day of the walk everything went off very smoothly as did the whole weekend. No one complained about having to change most of the walk because of the horrible tragedy of September 11, 2001. The weather was overcast with a little rain, but it didn't seem to dampen anyone's spirits.

Kittery had a total of 294 walkers. Awards 71; CREDIT 185; free 38. Walkers were from 23 states plus Canada. 170 people attended the banquet and had a great time with outstanding food and numerous items raffled off including 4 baskets made up by the clubs. Joan and I want to THANK all of you who helped us in making this walk such a great success. The SMVA basket was superb. Thanks to all of you who contributed. Many, many outstanding comments on the great home made refreshments provided at the start, finish, and check points. Well done to all. A "GREAT BIG" thanks to Betty Martin of the Sea Coast Striders who made all the arrangements for us to use the Kittery Community Center for our start point. Our success for this WALK was because of all of you great people who joined us to make this an unbeatable team!

A note from Ann Stevens about Tri-State. The "Official Tri State Weather Supplicant" [Dan] did a great job offering us a variety of weather. Brisk winds dried us after the quick drenching downpours. We were rewarded for our inconvenience by a gorgeous rainbow and sunshine. My sister and I enjoyed greeting, checking in, and feeding walkers in Kittery on Saturday morning. The trail was so well marked that a walker who started in Portsmouth tried to check in with us! Now that is high visibility! Joan and Roland Melcher deserve double thanks. They laid out the original trail and then due to world events, had to reroute in a short period of time. Well done and really appreciated by all who joined us that day.

Minutes of The September Meeting of The Southern Maine Volkssport Association October 17, 2001

The meeting was opened by Alan Robitaille who promised the 26 people at the meeting a special Halloween night. Each person was given a mask to help the mood. Roland Melcher received a special mask with long hair, which he wore most of the evening. Then President Dan Carr (or was it King Kong) started the meeting by reading a report from Charlotte Phillips from Vermont, our delegate to the AVA convention.

The secretary's report was accepted as published in the newsletter. The treasurer's report was accepted as read.

Wendy Hunter, membership chair, reported that we have eleven members already for 2002. There is a new membership application, which Wendy distributed. Also Wendy suggested that we work with Portland Trails on events. The two organizations seem to be natural allies.

Roland reported that club sales at the Kittery walk were over \$300. There was no publicity report as Ken Jackson is in Georgia.

All SMVA events have been held for this year. YRE & SEA events are still available. Alan reported that there were 81 walkers at the McAuley walk, 10 of whom did the 20k option. This was a wonderful walk. McAuley raised a considerable amount of money and is looking forward to working with us next year.

Ken will give a full report of Norlands at the next meeting.

Roland reported that there were 295 walkers at the Kittery walk, our part of the Tri-state event. 23 states and Canada were represented. Our gift basket was the biggest door prize at the dinner that night. Roland thanked the many people who helped with the walk. An accounting will come at a later date. We have received many complements on how well this walk is run.

At the Rockland walk (which was a Maine county walk) there were 50 walkers.

There was no report for the Augusta or Portland SEA walks. Bar Harbor has had 138 walks while Brunswick has 146. Carroll Tiernan reminded everyone that this is the last month for the Falmouth walk and this walk will not be held next year. She had had 53 walked so far. Kennebunk has had 189 so far while Westbrook has had 51. Sylvia Allen reported that the Lighthouse walk has had 98 and Casco Bay Bridge, 126.

Briefly we discussed proposed walks for next year. Our first walk will be the Portland YRE at 10:00 a.m. on New Year's morning.

Alan reported for the nominating committee (also including John Tibbetts and Ken Jackson) that the proposed slate for 2002 is: Wendy Hunter - president, Ann Stevens - vice president, Cheryl Watson - secretary, and treasurer - Janet Schaefer. The board nominees are Dan Carr, immediate past president, Thelma Gagne, Ed Witherall, Martha Chellis and Barbara Weymouth. The Chellis walked in Stowe and Lyndonville, Vermont.

The 50-50-50 was \$24 and Penny Cole won the \$12.00 Other prizes were won by Joan and Roland Melcher, Thelma Gagne, Penny Cole, Mike Green, Cheryl Watson & her mother, Ann Stevens, Ed Witherall and David Cole.

After a group picture, the meeting adjourned for refreshments.

The November Meeting of the SMVA will be on November 14 at 7:00 PM at the Walker Library in Westbrook (NOTE THIS IS THE 2ND WEDNESDAY NOT THE 3RD)

GOODIES FOR THE EVENING

Sweets: Shirley Milliken Veggies: Elaine Johnson Beverages: Ann Stevens

Meeting dates the rest of 2001- December 12 (2nd Wednesday)*

(At the December meeting everyone brings something to share!!)

Here's a note from our Membership Chairperson - Wendy Hunter

NEWS FOR YOU! Did you know that if you renew your membership 11/1 and following, that your new membership would extend through 2002. Then you won't have to be caught up in the hassle of renewing in the business of the holidays. Be sure to fill out the membership BELOW

2002 MEMBERSHIP INFORMATION APPLICATION

If a new member, each person listed on the application will receive a membership patch, but only one issue of the monthly newsletter will be mailed to a household. For additional newsletters, the person(s) to whom issues are to be sent must apply separately as an individual member, due to newsletter costs.

Send to: SMVA MEMBERSHIP
c/o Wendy Hunter, 8 Lessard Ave
Biddeford, ME 04005

#1 Name _____
Address _____
City/State _____
Zip _____
#2 Name _____
#3 Name _____
E-mail _____
Signature: _____
Telephone: _____

New _____ Renewal _____ Amount Enclosed: _____

Individual Membership: \$10 (1 Person) Double Membership: \$12 (2 people)

Family Membership \$15 (3 or more)

IF NEW, WHO REFERRED YOU? _____

Would you be willing to volunteer to work a walk?

Birthday: (month/day only) _____

Questions? Call Wendy at (207) 284-9697

AN INVITATION FROM THE SEACOAST STRIDERS (NOT STRIVERS)! The SEACOAST STRIDERS invite you to our 8th annual HOLIDAY COOKIE WALK, a 5/10K (3.1, 6.2) walking event in historic Dover, ON SUNDAY, DECEMBER 2. This is a non-competitive walk along a prescribed route with participants walking at their own pace. The event is open to all, free of charge. Anyone may participate regardless of age or fitness level. Runners and joggers are welcome. Everyone must register, carry a walk card, and return it after the walk. Walkers may register between **11:30PM and 1:30PM**. All participants must be off the Course by 4:30PM. **TRAIL DESCRIPTION:** The walk consists of three loops along sidewalks and streets in historic and scenic districts of Dover. There are few small hills. All loops start and end at the Niles Community Center in case of very cold weather. All loops are suitable for strollers and

wheelchairs. AVA rating is 1+. **SPECIAL NOTES:** Please bring a flashlight due to the time of year. It may be getting dark by 4:30PM. **DIRECTIONS: From Spaulding Turnpike/Route 16 (Toll Road) North or South,** take Exit 8E onto Silver Street/Route 9. At 3rd traffic light turn left (Gulf Station in front of you). Take an immediate right onto Court Street (street between Gulf Gas Station and Mobil Gas Station). Take 2nd left (mailbox on corner) onto Union Street. At end of street turn left Niles Community Center is on the left.

Southern Maine Volkssport Association issues SMVA Newsletter monthly for its members. Membership is open to any person regardless of residence, upon application. News Articles for inclusion in this newsletter are welcome and may be submitted at any time, and will be published, as space is available. All dated material must be submitted no later than the 20th of the preceding month for inclusion in the next issue. Please send directly to: Dan Carr, P. O. Box 128, Hollis, ME 04042.

*Southern Maine
Volkssport Association
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Westbrook, Maine
04092-0722*

SOUTHERN MAINE VOLKSSPORT ASSOCIATION

Dan Carr - President -

If you have info for the newsletter send by email or to Dan at: P. O. Box 128 Hollis, ME 04042

Penny Cole - Vice President: davpencole@webtv.net

Happy Jackson - Secretary:

David Cole - Treasurer:

Ken Jackson - Publicity

Don Bolin - SMVA Website:

Board Members: Wendy Hunter, Barbara Weymouth, Thelma Gagne, Ann Stevens and Carroll Tiernan

Send mail to dbolin@juno.com with questions or comments about this web site.

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Last modified: 12/20/2004 9:26 PM