



Southern Maine Volkssport Association

November 2002

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President's Corner

Ann Stevens

Our thanks to our new newsletter editor, Patricia Collins. Patty can be reached at pac567@netzero.net. Dan has done a super job but it was time to pass the baton along. I really wonder how you did it all, Dan!

As this year winds down, next year starts coming into focus. I think we have a nice variety of events planned so far. In January, Carroll is putting together a weekend in conjunction with the Falmouth Winterfest. There is even an International Ice Sculpting Contest during this festival!

Due to scheduling conflicts this year, we may have to give up a walk through the Maine Wildlife Park in Gray. Never fear, at the end of May or first of June, Hog Island, a Maine Audubon property in Penobscot Bay, is on the schedule.

August will bring back the Balloon Festival in Auburn. It was a really festive and colorful event and it was requested by many to be repeated.

October may bring Sunrise/Sunset to Bar Harbor. The New England clubs are discussing whether or not to host Tri-State every other year. If this were the case, SMVA would like to sponsor Columbus Day Weekend walks and a dinner in Bar Harbor. We will keep you informed.

December will be Prelude in the Kennebunk's. There is a tree lighting in Dock Square, candlelight caroling at the monastery, and a bunch of other goodies going on in the area.

There is room on the calendar for more activities. Dean Cilley has brought to my attention a Microsoft mapping program. He is willing to map out a proposed walking route and give you the mileage and map. It sure takes a lot of legwork out of planning a route. He can be contacted at DEANATME@AOL.COM

Last but far from least, my thanks to Barbara Weymouth for the quilt she made and donated and Joan Melcher for her contributions to our SMVA basket for the Tri-State door prizes. It was a fun evening and the donations were well received.



[SMVA Homepage](#)

The November meeting has been changed. We are going to have a potluck supper at the **AUDUBON SOCIETY OF MAINE, 20 Gilsland Road, Falmouth at 6:00PM on Wednesday, NOVEMBER 20th and NOT at the Walker Memorial Library on November 13th at 7:00.** Our new trailer will be there. Bring a dish and any stored club items. We will keep what we need and get rid of what we don't need.

TRAVELWALK SPONSORS CANADIAN CONVENTION TRIP

TRAVELWALK is a new, nonprofit AVA club dedicated to group travel to AVA AND CVF events. We have a few seats available on our bus going to the Canadian Convention in New Brunswick on May 8-11, 2003. The bus leaves Albany, NY on May 8 and will pick up additional passengers in Kennebunk, ME, later that day. The Kennebunk and Augusta Capital walks will be included en route to Fredericton, NB. If you are interested in the round trip from

Kennebunk, send a SASE to TRAVELWALK, PO Box 397, Slingerlands, NY 12159 for a brochure/itinerary, or E-mail your inquiry to volkssporter@aol.com.

Welcome New Members:

Kathleen Carr
Timothy Carr
Kaitlyn Carr
Judith Pray

November Birthdays:

Wayne Martin Shirley Milliken
Alan Robitaille Lillian Cross
Susan Chadwick Marty Gladu
Sylvia Allen

10/16/02 SMVA Meeting

Cheri Watson

Hi, I'm filling in for John and I know he would have done a better job, but you're stuck with my notes this month.

Ann began the meeting starting a Halloween Eve story and it proceeded around the room with each member adding to the story. It was fun. The Secretary and Treasurer's report was accepted as given. Since John and Ken were both absent there was no club sales report or publicity report.

We have 192 new members to date and looking to always add new members. Remember to push SMVA's great merits with every new potential member that you meet.

If you have any history on SMVA (i.e. when it started, where meetings were held, events, etc.) please e-mail them to our new Newsletter Editor, Pat Collins at pac567@netzero.net. Did you know that SMVA helped to start the Seacoast Striders club?

The Cornish walk was beautiful and many compliments are still coming in. Cheri decided not have it again next year, did not want it to become a regular event.

The Tri-State walks were wonderful and it is sad to know that it looks like we will not be having the Tri-State walks next year.

The year to date figures on walkers for Bar Harbor was 89/Brunswick 130/ Kennebunk 163/ Bath NA/ South Portland NA.

The winner of the New Balance shoes for Cornish was Terry Beecroft of Freemont NH and Tri-State was Carroll Correr of Attleboro MA.

Thelma reported that the donation to the Preble Street Food Pantry was well received.

The new SMVA trailer is currently at Penny and Dave Cole's being fitted with special hookup and shelving. Penny's granddaughter might possibly paint our logo on the trailer.

At Calendar Clearing Meeting before the dinner, Tri-State was discussed. Ann mentioned the Sunrise/Sunset walk we are planning for Bar Harbor and offered it as an alternative. Mary Burnes mentioned that we would need two walks and a dinner. Barbara Weymouth has the walks set up and will check on places

to have the dinner.

The 50/50 was discussed and it was voted that ½ will go to the winning member the night of the meetings and ½ will be deposited into the club checking account. This week's winner was Martha Chellis for \$8.00.

Membership renewals will be from January to January. There will be a membership increase starting this January 2003 as follows: Individuals \$12.00 and Couple and Families will be \$15.00. Hopefully this will help to defray the costs of maintaining this club. There will be no more Birthday cards, announcements will be made by newsletter. Coupons will also be discontinued, at least for this year.

Winners of door prizes were Wally Johnson, Alan Robitaille, Cheri Watson, and Connie Boyer.

Stamps

Stamp handles are being damaged at an alarming rate. We have been instructed to charge clubs \$25.00 for damaged stamp handles. This includes excessive ink, holes, tape, writing on them, etc. When you receive your next stamp, please notice that a note is enclosed with older handles that you will need to return with your stamp to avoid being charged for previous damage.



It's time to think about renewing your membership to SMVA. Our membership rate for 2003 is \$12.00 for a single membership and \$15.00 for family/couple membership. Our membership year runs January 1 to December 31.

December Newsletter deadline: November 25th.

Janet Carr's Apple Square Recipe

To make dough mix:

2 1/2 cups flour

1/2 tsp. salt

2 tbsp. sugar

1 cup Crisco

1 egg yolk and enough milk to make 1 cup - reserve the egg white

Divide dough in half. Roll out half the dough and put in a Jellyroll pan.

Then sprinkle with 1 cup crushed corn flakes, add 4 cups of sliced apples that have been mixed with the 1 1/2 cups sugar, and 1 tsp. cinnamon.

Then roll out the rest of the dough and place on top and seal edges. Prick some holes in the top crust. Beat the reserved egg white and spread over the crust. Sprinkle with a little additional sugar and cinnamon.

Bake at 375 for 45-55 minutes. Cool and cut into squares.

CORNISH WALK

Cheri Watson

I want to thank Sandy and Wally Johnson for showing up early and helping out all day at the registration table. Thank you Ken and Happy Jackson for bringing music and lending support. Thanks go to my husband for going to retrieve all the SMVA equipment needed, setting it up, and getting it back to John Tibbett's. Ann Stevens's help was invaluable. Thank you Connie Boyer for helping to mark the trails, take down the markers, and help out at the walk. I had great help and it would not have gone well without you. Next time I will request more help as we certainly could have used it.

The rain finally stopped Saturday morning and the walk got underway. The day was beautiful, not too hot for that killer 10k Cheri had mapped out. There was a table and grill set up for those who wanted to cook and she made a mulled cider and had coffee. Sweets were available and German music played all day.

Although the Club lost a little money on the walk, we made money on the afghan raffle and the awards. Congratulations Dean Cilley on winning the beautiful afghan. Congratulations Terry Beechcroft on winning the New Balance shoe certificate (it is in the mail to you). Thank you C. S. Merrifield for your money donation to the club. We had two new walkers (Bill and Nancy Baxter, welcome to SMVA). We had walkers from ME, NH, VA, PA and MA.

Everyone commented on the walk and the trails were well marked. All had a good time.

Along the Trail...

New Balance

Some of our members have inquired about a shipment they have received from New Balance. If you receive a small gift from New Balance this is your New Member Welcome Gift. It is yours to keep.

New Balance is no longer providing mini catalogs with their gift certificates. Winners will now go online to

www.newbalance.com to the walking product section. Make three selections, fill out the certificate, and mail it in. This is the same procedure as before, except winners will now use the New Balance website as their catalog. This will allow winners to have access to the newest styles of New Balance Walking Shoes.

A letter is enclosed with each certificate explaining this process. Please provide the winner with the certificate and letter.

Event/Distance Books

Please remember previous books are required for processing awards if event and distance books

have not been submitted within the last year.

**Thank You, Don, Ann, Cheri, and especially Dan. Your support has been incredible.
Patty Collins**

Upcoming events:

November:

2nd: Lawrence, MA W 'n Mass

December:

1st: Dover, NH Seacoast Striders

7th: Attleboro, MA W 'n Mass



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Send mail to d_bolin@alum.plattsburgh.edu with questions or comments about this web site.

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